



2019 Camp Nystagmus

July 27, 2019

9:00 a.m. to 5:30 p.m.

Hyatt Regency Crystal City, VA

Cost is \$75 (over 11) or \$50 (under 11)

**Camp Nystagmus Registration is included on the 2019 Conference Registration Form
Children registered for the conference are automatically registered for camp nystagmus.**

ANN will offer Camp Nystagmus as part of our biennial conference, July 27, 2019 in Crystal City, VA. We offered this program at the 2015 and 2017 conferences and received amazing feedback.

Camp Nystagmus is offered for children in grades pre-K to 8th grade. It is for children with nystagmus, siblings without nystagmus, and children of parents with nystagmus. Camp Nystagmus provides many activities throughout the day, including a visit by some animals from the local zoo so student can learn about vision in different animals. Other activities include an opportunity to ask questions to a panel of older teens about living with nystagmus, a session with older students modeling how they answer peer questions about nystagmus, and a chance for camp participants to practice how they would answer the same questions.

Prior to the 2015 conference, we offered babysitting while the parents attended the conference sessions. We realized that the we were missing an opportunity to provide programming geared towards the students who have been affected by nystagmus. Whether they have nystagmus or a family member has nystagmus they all could benefit by tools to talk to people about the condition.

We model the program after other children's health camps, for example diabetes camps. We have a sibling component to the camp and we offer small group activities, with separate groups for siblings and affected children. We had teen counselors who have a connection to nystagmus: either they or a sibling has nystagmus.

The camp provides the opportunity for students to realize they are not alone. Everyone at camp is connected by nystagmus.

